

Put this in your portfolio!

Your Name

Teacher

Class

Direction on the back of the paper!

Proper date using the icon

Potato Facts

Idaho

We are fortunate to live in a state that is recognized as growing the best potatoes in the country. In the following spreadsheet, you can compare the amount grown in several neighboring states.



Tons Harvested			
	2001	2010	Difference
Colorado	1,070,000	1,090,000	?
Idaho	6,010,000	5,810,000	?
Oregon	1,030,000	1,010,000	?
Washington	4,720,000	4,150,000	?
Total	?	?	?

Center the clipart and spreadsheet on the line after the paragraph

Potatoes are **very healthy** as well. The information in the spreadsheet compares the potato to various other vegetables in grams per 100 grams.

Nutritional Content					
	Protein	Fat	Carbs	Sugar	Fiber
Potatoes	2.0	0.09	17	0.78	2.2
Corn	3.2	1.18	19	3.22	2.7
Rice	7.1	0.06	80	0.12	1.3
Wheat	13.7	2.47	71	0.00	10.7
Average	?	?	?	?	?



Center the clipart and spreadsheet on the line after the paragraph

The *Idaho Russet* that we grow is superior to any other grown elsewhere. When baked, they turn out fluffier and have a consistent texture and taste. One interesting fact

about potatoes is that humans can actually survive healthily on a diet of potatoes supplemented only with milk or butter, which contain the two vitamins not provided by potatoes.

Storage. Potatoes can also be stored for a very long time. If they are kept in the dark and at a temperature around 39° they can be kept for over a year. If they drop below 39°, the **starch** turns to **sugar**, which *alters their taste*. At home, they can be kept at room temperature in a paper bag.

Please write a very short paragraph about what you like about potatoes and then include the reference information in the correct place.

Smith, Jessica J. "Idaho Potatoes." Spud Magazine. Boise: Farm and Food Publishing. 2012. Pages 1-3.

Read all the directions carefully!

Document: Arial 12. Pay attention to headers\footers\side headings\etc. Justify the paragraphs so the text lines up on the right hand margin as well as the left margin.

Spreadsheet: Put each spreadsheet in a separate sheet. In the spreadsheets, the headings are Rockwell 20 Bold. The rest of the cells should be Candara 11. Bold and italicize things appropriately including all answers found using formulas. Shade the cells using a color of your choice. Use commas and decimals as shown. When you use a formula, use your best judgment as to how many decimal places are shown. For the formula on the Tons Harvested, take the 2010 data and subtract the 2001 data.

Pictures: Please use these exact clipart images. They are found on Google Images under "Sack of Potatoes Clipart" for the first one and "Potato Nutrition" for the second one. Resize the clipart so they are as tall as the spreadsheet they are next to. You will probably need to use the special "transparency" icon on these clipart images so your watermark shows through.

Temperature symbols: To include the degrees symbol in the paper, go to Insert – Symbol – More Symbols. Now, change the font to the same font you are typing the paper in. The degree symbol will be on the right hand side of the list after the capital and small case letters.

Watermark: Something to do with farming. **Border:** Whatever you think looks nice for this project.